

SOLAR ECLIPSE SAFETY

what to consider before getting underway



1

ALWAYS wear a life jacket onboard a boat or small craft

2

Dress for the WATER not the WEATHER

Consider base layers made of synthetic materials that wick away moisture

Wet suits are ideal for water temperatures under 50 degrees.

3

Always carry an emergency communications device (VHF radio) and signaling devices (emergency locator beacon)

4

Ensure proper boat maintenance before launching
+
Have blankets, water and dry clothes on board

5

Ensure the boat has a re-boarding device (foot sling, ladder) that can be used by a person overboard

What happens to your body in 50-degree water?

- * 0 to 5 Seconds: Gasp reflex. You'll immediately inhale air or water.
- * 3 to 5 Minutes: You start to hyperventilate, and your heart rate accelerates.
- * 10 to 30 Minutes: You lose feeling and dexterity in your extremities, hampering your ability to swim.
- * 15 to 20 Minutes: Your core temperature starts to cool.
- * 30 Minutes: True hypothermia sets in. You become disoriented and start to hallucinate.

Planning to boat in cold water?

View the QR code for more USCG boater safety information



CALL 9-1-1 IN AN EMERGENCY
Marine Band Emergency VHF Radio: Channel 16