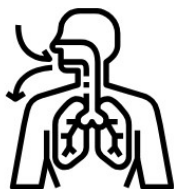




# SOLAR ECLIPSE BOATING?

## COLD WATER IMMERSION IS A FIGHT FOR SURVIVAL



### 1 MINUTE

An initial gasp and hyperventilation is unavoidable. You have about 1 minute to control your breathing. Your lifejacket is vital at this stage to help keep you afloat and breathing.



### 10 MINUTES

You have approximately 10 minutes for meaningful activity. Prioritize and perform the most important functions first:

- Rescue yourself first, if possible
- Initiate emergency signaling and communications
- Locate other members of your party if possible
- Keep your airway clear



### 1 HOUR

You have roughly one hour of useful consciousness. Focus on slowing your heat loss and calling for help.

## Planning to boat in **cold water**?

View the QR code for more USCG boater safety information



CALL 9-1-1 IN AN EMERGENCY

Marine Band Emergency VHF Radio: Channel 16